



POLAR NATURAL

NO CHEMICALS, ANTIBIOTICS OR PRESERVATIVES

Uncooked Shrimp



PRODUCT DESCRIPTION

All of our raw shrimp products are processed from farm raised or wild caught shrimp. All products are quick frozen without the use of preservatives, antibiotics, or chemicals.

Our peeled shrimp is deveined and processed tail-on or tail-off. We use only selected raw materials for all of our products.

All products are finished count per pound.

These products can be custom packed for retail, food service, or private labels.

SIZES

Farm Raised:
26/30 to 91/110

Wild Caught:
70/90 to 200/300, Broken
70/90 to 150/200, U7 to 21/25

WEIGHT/PACK

PUD 4 x 5 lbs.
PTO 4 x 5 lbs. / 10 x 2 lbs.
P&D 4 x 5 lbs. / 10 x 2 lbs.

PUD 10 x 5 lbs.
PTO 10 x 5 lbs.
Shell-On/Peel 10 x 5 lbs.

THAWING INSTRUCTIONS:

Thaw in cold water for about 5 minutes. Rinse in cool water and drain well. Prepare shrimp in any of your favorite recipes for scampi, toss with garden salads or your favorite pasta dish. For shrimp cocktail, place frozen shrimp in boiling water for 2 to 2 1/2 minutes. Over cooking will make shrimp tough and dry. Remove from boiling water and chill immediately. Serve with your favorite cocktail sauce.

Nutrition Facts

Serving Size 3oz. (85g/see chart below)
Servings Per Container About 25

Amount Per Serving	Calories from Fat 13	% Daily Value*
Calories 90		
Total Fat 1g		2%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 129mg		43%
Sodium 126mg		5%
Total Carbohydrate 0g		0%
Dietary Fiber 0g		0%
Sugars 0g		
Protein 17g		
Vitamin A 4% • Vitamin C 4%		
Calcium 6%	• Iron 11%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	30g	37g
Dietary Fiber	25g	30g
Calories per gram:		
Fat 9 • Carbohydrate 4 • Protein 17		

INGREDIENTS: shrimp
ALLERGY INFORMATION:
contains crustacean shellfish

Size and Serving Information

Count per Pound	Avg. No. Peeled Shrimp per Serving
U/7	2
U/10	2 - 3
U/12	3 - 4
U/15	4
16/20	5
21/25	7
26/30	8
31/35	10
36/40	12
41/50	14
51/60	16
61/70	20
71/80	24
91/110	28



POLAR SEAFOOD COMPANY, LLC
MASSACHUSETTS, USA
WWW.POLARSEAFOODCO.COM